

*****ATTENTION Student Nurses Assoc. (SNA)
MEMBERS & ALL NURSING STUDENTS*****

SNA's Weekly Update:

Member of the week: Keren Carpinteyro

Year: Junior year, 6th semester

Why nursing: Nurses not only help a person get better physically but also help the person emotionally and are dedicated to the well-being of the whole person they take care of without knowing them.

What does SNA mean to you: SNA is a way of helping me get to know others who share the same passion as me and also a way to discover new things within the nursing realm.

How has SNA helped prepare you for your future career: SNA has helped me find future connections and also has opened doors to new areas of nursing I didn't know about that really interest me (Holistic Nursing).

What are your future nursing plans: I plan to become a travel nurse and in the future go back to graduate school to get my NP

Next lecture series

When: September 19 from 4:45 p.m.-6 p.m.

Where: Room 410/411 in Norco

Speakers: Dr. Marty Downey and Dr. Jean Anderson

Topic: Ease and ZZZs: Tips for Stress Management and Better Sleep
Evidence based strategies to help you survive and thrive in your busy school, work, and personal lives.

Pizza will be provided!

Next meeting

When: October 3 and 4 from 4:45 p.m.-5:15 p.m.

Where: Room 410/411 in Norco

Agenda: TBA

Volunteer opportunity

What: Service Saturday

When: October 6 at 9 a.m.

Where: Lookout Room

RSVP: <https://orgsync.com/23254/forms/54971>

For more information, go

http://involvement.boisestate.edu/content/article.cfm?article_id=94 or e-mail Kaylee Humphrey at bsusna@gmail.com.

Come walk with the School of Nursing

Join the BSU School of Nursing team and come run/walk with both faculty and students in St. Luke's annual Women's Fitness Celebration!!

To register:

1. Visit www.celebrateall.org
2. We will be competing in the "Purple" wave
3. Fill out waiver
4. Under "team name" scroll until you see BSU School of Nursing
5. Complete the registration process

Fee is \$25.00

Deadline for TEAM registration is 9/14/12!!

We're going to have a great time!

T-shirts on sale

We're selling the new Buster Bronco design as well as the old favorites. Order forms are due Sept. 17 in the drop box of the SNA office on the fourth floor of the Norco building and the t-shirts should be ready in 6-8

weeks. Cash and checks are accepted. We also have a limited number of the Buster Bronco t-shirts you can purchase and get immediately.

Please e-mail Elise Russell-Manicke at bsusna@gmail.com with any questions.

Homecoming float

Want to organize the Homecoming Float? Please send an email to bsusna@gmail.com explaining why you would should be the chair/co-chair and what you bring to SNA. It only has to be a few paragraphs, not a long paper! (You know you don't have time to write a lot. We don't have time to read it!) The deadline for submission is 1200 on Friday, Sept 21.

Homecoming is Oct. 20.

ISNA conference

The conference will feature a Kaplan NCLEX review and a visit from NSNA Imprint editor Christy Apple-Johnson

When: October 19

Where: Owyhee Plaza in Boise State

Registration: Go to

<http://idahonurses.org/displaycommon.cfm?an=1&subarticlenbr=143>

Cost: \$35 for SNA members until Sept. 15. \$45 for non-members until Sept. 15. \$40 for SNA members from Sept. 16 until Oct. 12. \$50 for non-members from Sept. 16 until Oct. 12. The cost to walk-in will be \$50 for members and \$60 for non-members. The Kaplan NCLEX review is free until Sept. 30 and an additional \$5 after that date.

For more information, please visit

<http://www.idahostudentnurses.org/state-convention-2012.html>

ISNA offices open

The Idaho Student Nurses Association currently has multiple openings on its board, including legislative chair. For more information, please contact ISNA president Chelsea Collins at collchel@isu.edu.

SNA elections

Think you have what it takes to help run the Boise State SNA? Elections are in October, and we are accepting nominations. Please contact Rio Pentecost at ryokohayashi@u.boisestate.edu. She will have to speak to each candidate before he or she is approved for the ballot. Campaigning will be from Oct. 13 to Oct. 20. Voting is Oct. 22 to Oct. 31.